

TITLE:

Anorexia Nervosa and Its Long-term Impact on Treated Patients

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ABSTRACT:

This bachelor thesis deals with the psychiatric disorder called anorexia nervosa. The thesis aims to highlight the signs and symptoms, which are particularly characteristic for this kind of eating disorder. The most important goal is to prove that anorexia is a chronic disorder, lasting perhaps several years to decades. Secondly, the thesis also demonstrates which habits still remain with patients even after they had gone through the treatment and tried to return back to their everyday lives. The theoretical part defines anorexia nervosa, shows its historical background, aetiology, epidemiology, treatment, physical complications and prognosis. The practical part evaluates information from respondents who had been diagnosed with anorexia nervosa and gone through medical/psychiatric treatment. The method used was of a qualitative nature, this included a written questionnaire consisting of semi-open questions which was followed by an individual semi-structured interview.

KEY WORDS:

Anorexia nervosa, signs, eating disorder, food, habits, body, diet.